

LANCASTER COUNTY RESTORATIVE AIDE

NATURE OF WORK

This is technical work providing restorative activities for residents within a county operated nursing facility.

Work involves responsibility for monitoring positioning devices and body position to ensure proper alignment; monitoring use of proper leg extenders and foot rests; monitoring proper placement of catheter tubing and drainage bags. Work also includes restorative activities such as ambulation programs, restorative feeding programs and active/passive range of motion exercises. Supervision is received from a Charge Nurse or a Registered Nurse II with guidance and instruction in the restorative program given by the Physical Therapist. Work is reviewed in the form of observations, review of documentation and adherence to department, State and Federal rules and regulations.

EXAMPLES OF WORK PERFORMED

Observe body alignment of all residents in bed, chairs and wheelchairs, especially those using various positioning devices and perform adjustments/corrections, as necessary; monitor wheelchair-bound residents to ensure proper use, positioning and fit of leg extenders and footrests; check and adjust resident urinary drainage bags and catheters to assure correct placement.

Assist in transfer and transportation of residents as needed; provide exercises such as 'Walk and Dine' for residents needing ambulation assistance; instruct/assist residents in performing active and passive range of motion exercises as directed; encourage eye-hand coordination by assisting residents to participate in restorative feeding program.

Participate in and document results of residents' activities of daily living programs such as dressing, feeding and personal hygiene; maintain restorative therapy notes in residents' record.

DESIRABLE KNOWLEDGES, ABILITIES, AND SKILLS

Knowledge of safe transfer and lifting techniques.

Some knowledge of the materials and equipment used in physical therapy.

Ability to perform heavy lifting.

Ability to work with minimal guidance and direction.

Ability to establish and maintain effective working relationships with co-workers, residents, family members and the general public.

Ability to follow both oral and written instructions.

Ability to assess physical status and document observations accurately and concisely.

DESIRABLE TRAINING AND EXPERIENCE

Graduation from a senior high school or equivalent with experience or training in providing restorative health services to residents of a nursing facility or similar health care facility.

MINIMUM QUALIFICATIONS

Graduation from a senior high school or equivalent and completion of a basic geriatric aide course or any equivalent combination of training and experience which provides the desirable knowledges, abilities and skills.

NECESSARY SPECIAL REQUIREMENTS

Employees in this class working at Lancaster Manor must meet such physical and health requirements for employment in a licensed nursing facility as required by the State of Nebraska.

Approved by: _____
Department Head

Personnel Director

Revised 8/97

PS9323